

ANNUAL REPORT

2022-2023

2023-2024



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www.womencarefoundation.com

Intervention areas of Woman Care Foundation

01 Formal/Non-Formal Education and Literacy Awareness

02 Health, Especially Adolescent Health

03 Tree Plantation at Revolutionary Level

04 Child Rights and Child Labor Prevention Programme

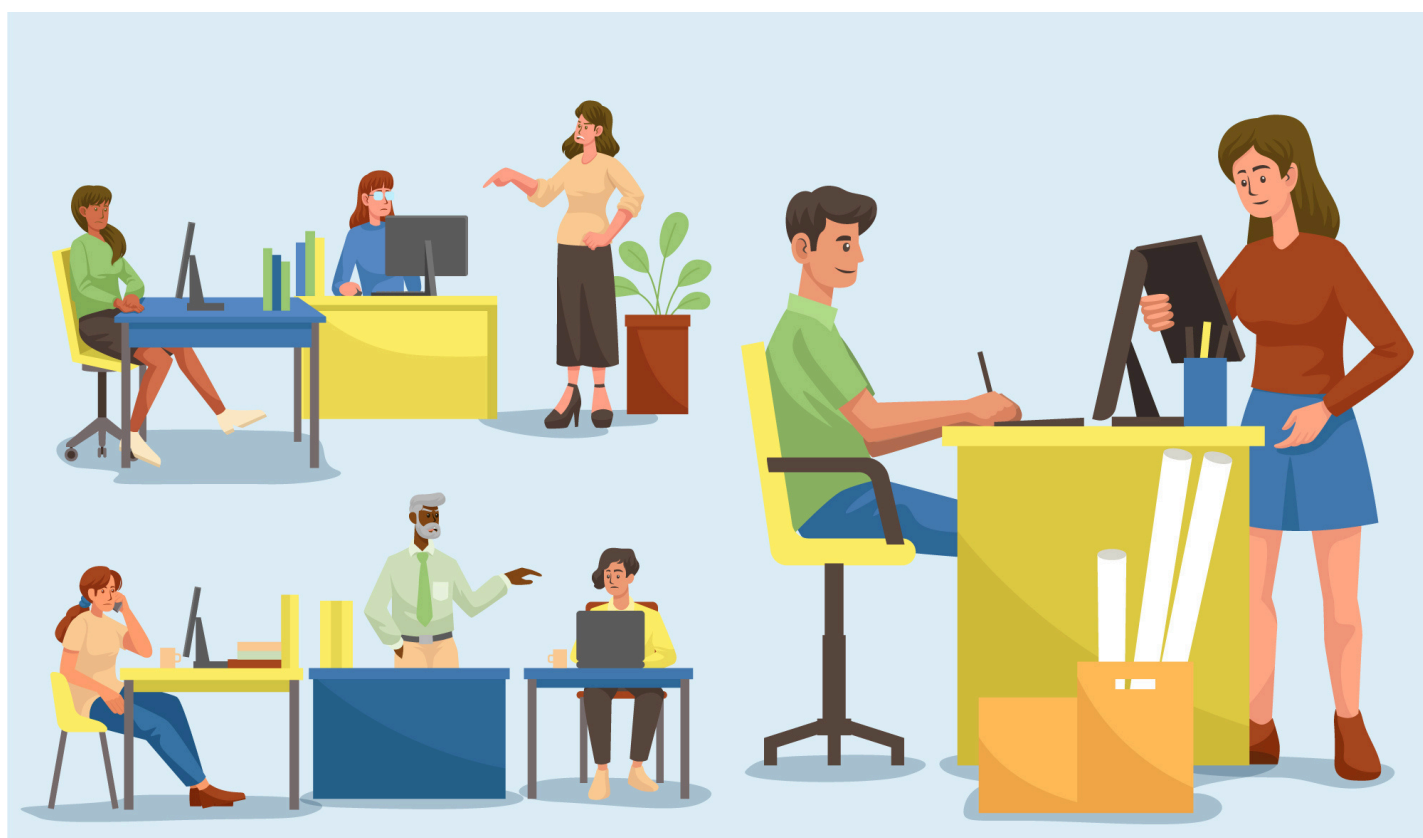
05 Vocational Training & Skill Development Programme

06 Self-Help Groups



Functionaries of Woman Care Foundation

Full-Time Staff:	15 members
Part-Time Staff:	11 members
Volunteers:	More than 47 individuals



These dedicated teams work together to achieve the foundation's mission of empowering women, promoting education, and enhancing community development.

Meet Our Team

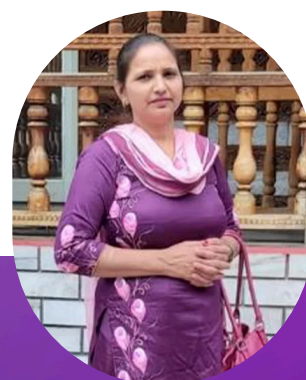
These dedicated teams work together to achieve the foundation's mission of empowering women, promoting education, and enhancing community development.



Founder of WCF
Sonia Jaiswal



Administrative Head
Balwinder Singh



Program Coordinator
Balwinder kaur



Legal Advisor
Mr. Davinder Singh



Programe coordinator
Vaishnavi



Coordination Head
Parveen Bala



Social Media Manager
Rajat Tomar



IT Team Head
Droff Jangra



Project Coordinator
Rajiv Sehgal



Vision

The vision of Woman Care Foundation is to create a society where women are empowered, self-reliant, and enjoy equal opportunities in education, livelihood, and leadership, contributing to sustainable community development

Mission

The mission of Woman Care Foundation is to empower women through education, skill development, and awareness programs, fostering gender equality, self-reliance, and improving the overall well-being of women in society.

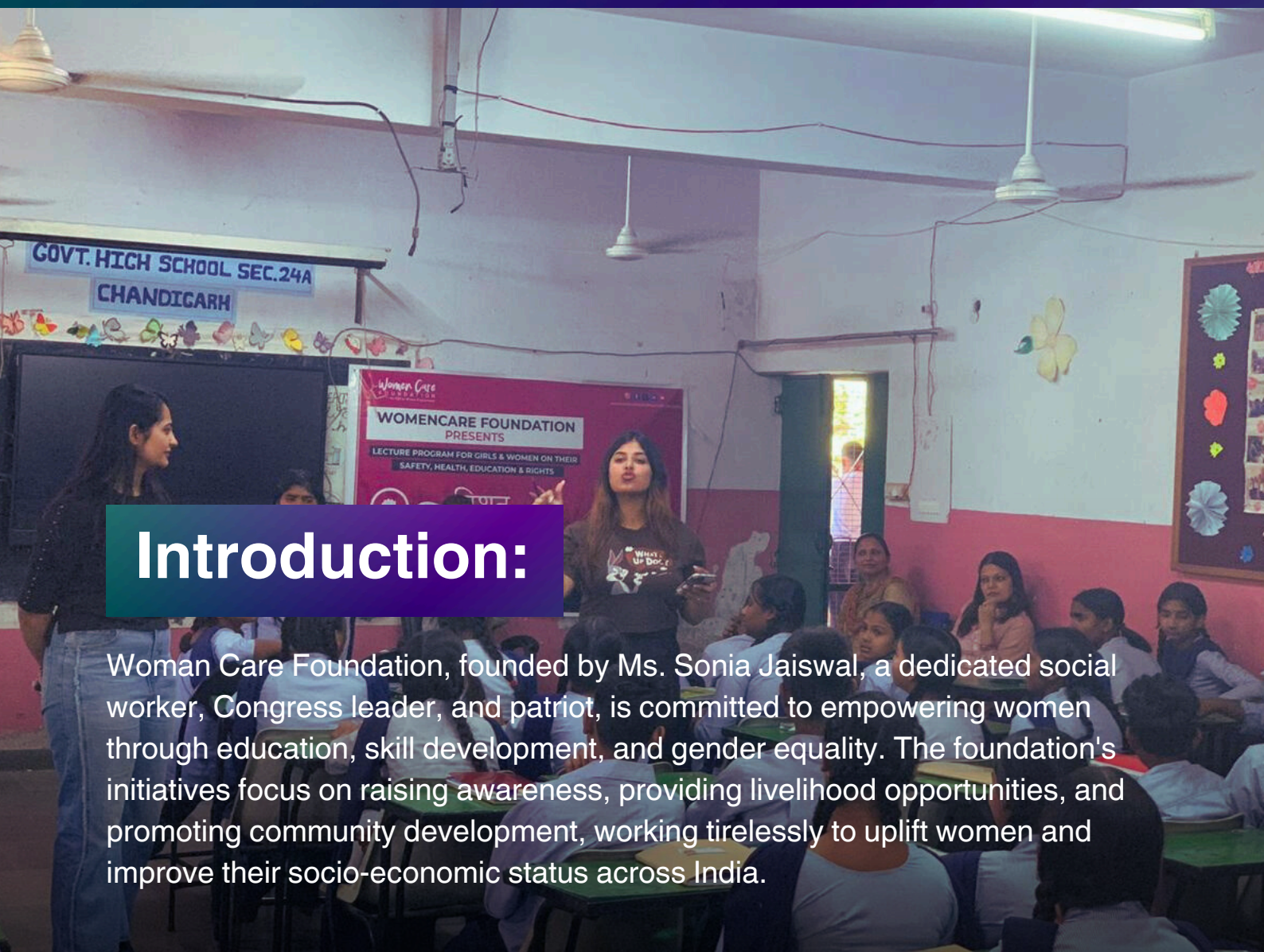


Principle Strategies of the WomenCare Foundation

The principle strategies of WomanCare Foundation include promoting education, conducting skill development programs, raising awareness on women's rights, fostering gender equality, and implementing sustainable livelihood projects for women's empowerment and independence.

Working Strategy of WomanCare Foundation

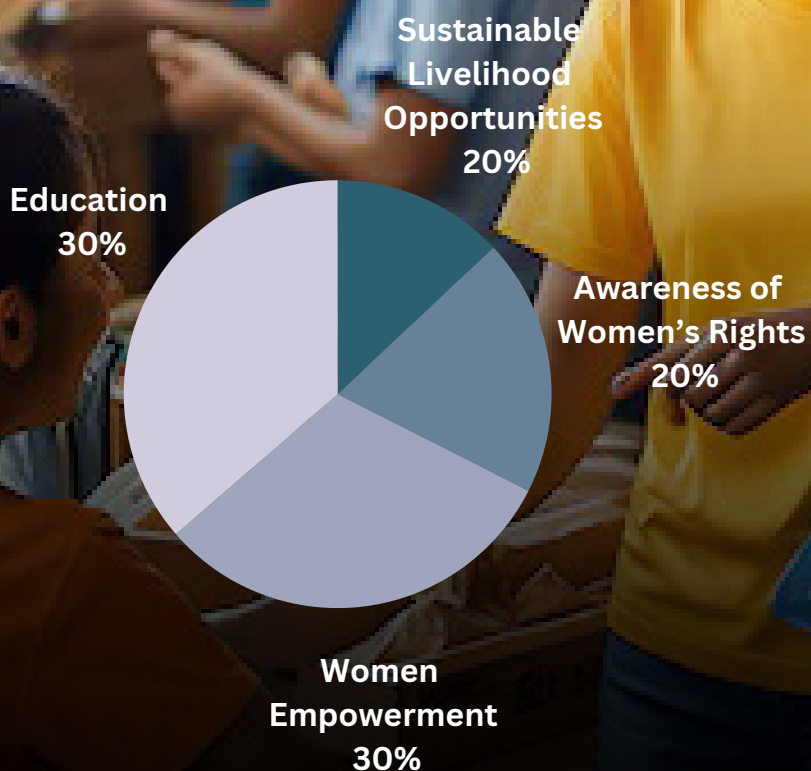
The working strategy of Woman Care Foundation involves community engagement, partnerships with self-help groups, skill development workshops, awareness campaigns, and collaboration with stakeholders to implement sustainable programs for women's empowerment and education.



Introduction:

Woman Care Foundation, founded by Ms. Sonia Jaiswal, a dedicated social worker, Congress leader, and patriot, is committed to empowering women through education, skill development, and gender equality. The foundation's initiatives focus on raising awareness, providing livelihood opportunities, and promoting community development, working tirelessly to uplift women and improve their socio-economic status across India.

The primary objectives of WomanCare Foundation



The primary objectives of Woman Care Foundation are to empower women through education and skill development, promote gender equality, raise awareness of women's rights, and create sustainable livelihood opportunities, fostering self-reliance and active participation in community development initiatives.

Message from the President

Dear Friends,

As the President of Woman Care Foundation, I am deeply committed to empowering women and fostering a society where gender equality thrives. Together, we can create opportunities for education, skill development, and personal growth. Our initiatives aim to uplift women, promote their rights, and ensure their voices are heard. I invite everyone to join us in this noble mission, as we work hand-in-hand to build a brighter, more equitable future for women across India.

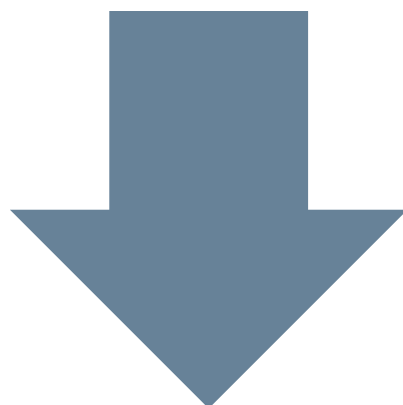
Warm regards,

Sonia Jaiswal

President, Woman Care Foundation

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Environment Awareness Program

6th October 2022 at Sector 34, Chandigarh

The Environment Awareness Program was successfully conducted on October 6, 2022, at Sector 34, Chandigarh. Participants engaged in discussions and activities promoting sustainability, conservation, and the importance of protecting our environment.



Food Distribution Drive:

9th December 2022 at PGI Chandigarh



On December 9, 2022, a Food Distribution Drive was held at PGI Chandigarh, providing essential food supplies to those in need, fostering community support, and promoting compassion and generosity among participants.

Clothes & Blanket Distribution:

1st February 2023 at PGI Chandigarh



On February 1, 2023, a Clothes and Blanket Distribution event took place at PGI Chandigarh, providing warm clothing and blankets to those in need, ensuring comfort and support during the winter season.

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Free Health Checkup Camp:

2nd April 2023 Maloya Colony Chandigarh

A Free Health Checkup Camp was organized on April 2, 2023, at Maloya Colony, Chandigarh, offering essential health services, consultations, and screenings to promote wellness and healthcare accessibility for the community.



Free Health Checkup Camp

2nd April 2023 Maloya Colony Chandigarh



A Free Health Checkup Camp was organized on April 2, 2023, at Maloya Colony, Chandigarh, offering essential health services, consultations, and screenings to promote wellness and healthcare accessibility for the community.

Health Awareness and Checkup Camp

Sector 29, Chandigarh. 22nd April 2023

On April 22, 2023, a Health Awareness and Checkup Camp was held at Sector 29, Chandigarh, offering free health screenings, consultations, and information to promote overall wellness and preventive healthcare in the community.



Digital Awareness Camp

25th April 2023 Sanjay Colony Chandigarh



The Digital Awareness Camp, conducted on April 25, 2023, at Sanjay Colony, Chandigarh, focused on enhancing digital literacy, promoting online safety, and empowering community members to navigate technology effectively and responsibly.

Free Health Checkup Camp

14th May 2023 Ramdarbar Chandigarh

A Free Health Checkup Camp was held on May 14, 2023, at Ramdarbar, Chandigarh, providing essential health services, screenings, and consultations to promote health awareness and support community well-being.



Yoga and Dance class:

28th May Maloya Colony Chandigarh

On May 28, 2023, a Yoga and Dance class was conducted in Maloya Colony, Chandigarh, promoting physical fitness, mental well-being, and community engagement through enjoyable activities that enhance health and creativity.



Plant Distribution:

5th June 2023 Sukhna Lake



On June 5, 2023, a Plant Distribution event was held at Sukhna Lake, promoting environmental awareness by providing saplings to community members, encouraging tree planting, and fostering a greener, healthier ecosystem.

International Yoga Day Event:

21st June 2023 Rajeev Gandhi Bhawan, Chandigarh

The International Yoga Day event on June 21, 2023, at Rajeev Gandhi Bhawan, Chandigarh, brought together participants to celebrate wellness through yoga, promoting physical health, mental clarity, and overall well-being.



Free Medical Checkup Camp:

15th July 2023 sector 29 Gurudwara Chandigarh



On July 15, 2023, a Free Medical Checkup Camp was organized at Sector 29 Gurudwara, Chandigarh, offering vital health services, screenings, and consultations to enhance community health and well-being.

WomanCare Foundation members get-together :

13th August Sector 35 Chandigarh

On August 13, 2023, members of Woman Care Foundation gathered at Sector 35, Chandigarh, fostering camaraderie and collaboration, sharing experiences, and discussing future initiatives to empower women in the community.



Free Mehndi and Nail Art classes:

30th & 31st October 2023 V R Mall Mohali Punjab



Free Mehndi and Nail Art classes were held on October 30 and 31, 2023, at V R Mall, Mohali, Punjab, empowering participants with creative skills and promoting self-expression through art.

Mega Free Health Checkup Camp:

10th September 2023 Sector 38-C, near Wool Market, Chandigarh

The Mega Free Health Checkup Camp, held on September 10, 2023, at Sector 38-C near Wool Market, Chandigarh, provided essential health screenings and consultations to enhance community health and awareness.



Medical Camp with Expert Doctor :

24th December 2023 Gurudwara Shri Arjan Dev Ji, Kharar, Mohali



A Medical Camp with expert doctors was held on December 24, 2023, at Gurudwara Shri Arjan Dev Ji, Kharar, Mohali, offering free consultations, health screenings, and vital medical services to the community.

Free Medical Camp

18th February 2024 Sector 20 Panchkula



On February 18th, 2024, a Free Medical Camp was conducted in Sector 20, Panchkula, providing essential health services, screenings, and consultations to promote wellness and enhance healthcare access for the community.

Lecture Program (Mission Jigyasa) :

18th April 2024 government school sector 24 chandigarh

The Lecture Program for Mission Jigyasa was conducted on April 18, 2024, at Government School, Sector 24, Chandigarh, educating students on empowerment, gender equality, and career opportunities for a brighter future.



Medical Camp with Expert Doctor :

21st April 2024 Mauli Jagran Chandigarh



A Medical Camp with expert doctors was held on April 21, 2024, in Mauli Jagran, Chandigarh, providing free health consultations, screenings, and essential medical services to support community health and well-being.




Suicide Council Session (100 People) :

27th August 2024 Delhi office


On August 27, 2024, a Suicide Counseling Session was conducted at the Delhi office, attended by 100 participants, focusing on mental health awareness, support resources, and strategies for prevention and intervention.




Contact Us

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